

1. 請使用 IE 瀏覽器，先登入自己的帳號(新學號)



2. 選擇【智慧大師】



3. 選擇【一般性職業安全衛生教育訓練】

The screenshot shows the 'e-Learning' system interface. The top navigation bar includes '個人區' (Personal Area) and '校園廣場' (Campus Plaza). The left sidebar shows the '我的課程' (My Courses) dropdown menu with '國立臺中科技大學' (National Taichung University of Science and Technology) selected. The main content area displays a list of courses under the '我的最愛' (My Favorites) tab. The course '一般性職業安全衛生教育訓練' (General Occupational Safety and Health Education Training) is highlighted with a red box. The table below shows the details of the selected course.

課程名稱	開始上課	截止上課	新佈告	未繳作業	未寫考卷	未填問卷	學習進度	身分	最愛
104班會週會	2016-02-01	2016-07-31	0	0	0	0	(0%)	正式生	★
一般性職業安全衛生教育訓練	2015-11-10	無限期	0	0	0	0	(100%)	正式生	★
104班會週會	2015-08-01	2016-01-31	0	0	0	0	(0%)	正式生	★
104班會週會	2015-08-01	2016-07-31	0	0	0	0	(0%)	正式生	★

4. 點選【開始上課】。

The screenshot shows the 'e-Learning' system interface. The top navigation bar includes '學習互動區' (Learning Interaction Area), '評量區' (Assessment Area), '資訊區' (Information Area), '個人區' (Personal Area), and '校園廣場' (Campus Plaza). The left sidebar shows the '一般性職業安全衛生教育訓練' (General Occupational Safety and Health Education Training) dropdown menu. The main content area displays the '課程公告板' (Course Noticeboard) for the selected course. The '開始上課' (Start Class) button is highlighted in red.

5. 觀看 45 個影片，即完成教育訓練。

The screenshot shows the 'e-Learning' system interface. The top navigation bar includes '學習互動區' (Learning Interaction Area), '評量區' (Assessment Area), '資訊區' (Information Area), '個人區' (Personal Area), and '校園廣場' (Campus Plaza). The left sidebar shows the '一般性職業安全衛生教育訓練' (General Occupational Safety and Health Education Training) dropdown menu. The main content area displays the '課程公告板' (Course Noticeboard) for the selected course. The '開始上課' (Start Class) button is highlighted in red. Below the button, there is a video player showing a man speaking into a microphone. The video player controls are visible at the bottom.